Dear Med-Peds Community,

Welcome from the National Med-Peds Residents’ Association (NMPRA) for 2016-2017 and congratulations on the start of a new academic year! And of course, welcome to all of our new interns! You have joined a group of incredible physicians – both within your home institution and nationally. We hope that NMPRA will be a source of support and resources during your time in residency.

My name is Sarah Scott and I am excited to serve as the President of NMPRA for the 2016-2017 academic year. On behalf of the board of directors, I would like to thank you for your support of NMPRA as one of the 74 active residency programs involved in NMPRA, and also let you know about some of the great ways NMPRA can support our residents.

Our organization has expanded in key ways over the last several years to better encompass the breadth of interests of our members. One example of this was the creation of new director positions within the organization to better promote resident interests. These positions include Professional Advancement, Advocacy & Policy, Community Service, and Medical Student Interest & Recruitment. Each director for the 2016-2017 academic year has hit the ground running with several new goals and projects, which they have outlined in their own updates. Some notable accomplishments include: the updated Fellowship Guide which is now available on our website (www.medpeds.org); our letter of dissent to the American Board of Medical Specialties (ABMS) regarding the creation of a Pediatric Hospitalist Fellowship; and an up-and-coming online resource for networking and mentoring nationally.

Communication remains an emphasis of NMPRA and we look forward to becoming more active on social media platforms this year to help keep the Med-Peds community connected. We are also proud of our publications and our ability to highlight many wonderful pieces from Med-Peds residents in this quarterly newsletter, The Perspective, which is published in conjunction with the Med-Peds Program Directors’ Association (MPPDA) and the Med-Peds section of the American Academy of Pediatrics (AAP).

Recruiting is another critical part of NMPRA’s focus, as this is the key to the continued success of Med-Peds. We currently have the largest and most visited Med-Peds website where we currently offer a wide range of information about Med-Peds and an online program directory with links directly to program web sites and email addresses. Currently, we are working on establishing a more robust network for students interested in Med-Peds including facilitating the establishment of Med-Peds student interest groups at medical schools throughout the country.

We are also accepting proposals for programs interested in hosting NMPRA regional conferences for the upcoming years. Historically, we have encouraged meetings for Northeast, Midwest, Western and Southern regions. Given increased participation in NMPRA, we are looking forward to creating new, smaller regions and hope to develop regional meeting sites in each, in hopes of creating stronger ties between regionally connected programs. We encourage your program to consider being a host in the coming years! They are historically well-attended, and the caliber of the meetings is outstanding. For those interested in hosting a regional conference, please email president@medpeds.org for more information and an application. Please note that the timing of conferences is flexible and we are awaiting applications for the upcoming season.
Finally, I am excited to announce that this year’s national conference will be held in San Francisco, CA on October 22, 2016 at the Mission Bay Conference Center at 1675 Owens Street, San Francisco, CA 94143. The theme of the meeting will be: Med-Peds Physicians as Patient Advocates – Serving the Underserved. The meeting will be a great opportunity you to network with other Med-Peds residents, attendings, and medical students from across the country. We will also be announcing our annual Howard Schubiner and Gary Onady Awards, as well as the Advocacy and Community Service Grant, Research Grant, International Travel Grant, and Clinical Case Competition winners at the meeting. Please look for email updates from nmpra@medpeds.org as Fall approaches.

Thank you for being an integral part of NMPRA and for your hard work and commitment to serving pediatric and adult patients. We look forward to working with you this year. Please email president@medpeds.org with any questions, concerns, or suggestions, as we are continually looking for opportunities to improve our organization and increase resident involvement. I am hopeful to meet each of you in San Francisco in October!

Sincerely,

Sarah Scott
NMPRA President 2016-2017

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**Question Writing Opportunity**

The American Academy of Pediatrics, together with the American Board of Pediatrics, is presenting a unique opportunity for physicians to learn basic skills for developing case-based, multiple-choice questions. This session will be held on Sunday, October 23, 2016, from noon to 1:30 pm in the Marriott Marquis during the AAP's National Conference and Exhibition in San Francisco, CA. Participation is by invitation only and will be limited to 35 respondents. A complimentary lunch will be served and attendees will be awarded a certificate of completion after successfully addressing all of the course objectives.

Erik Meyer, Director of Test Development from the ABP, and Susan Piscoran, Managing Editor, PREP Self-Assessments from the AAP, will present an informative session on how to construct high-quality, case-based questions. Suggestions about how to test higher-level thinking, assess competency over knowledge, and avoid cuing the correct answer will be addressed. Multiple opportunities for content experts to hone their skills on ABP examination committees and PREP Self-Assessment Editorial Boards will be shared.

Participants will be asked to draft and submit a case-based multiple-choice question by September 1, 2016, which will be critiqued by expert pediatric item writers. Participants should come prepared to draft an additional multiple-choice question based on a recent clinical case. Physician editors will lead round-table discussions where submitted questions will be reworked to meet the ABP's and AAP's standard of excellence.

If interested, please respond by contacting Susan Piscoran at SPiscoran@aap.org.
Come join us for the National Med-Peds Residents’ Association Annual Meeting on October 22, 2016 in San Francisco! The theme is “Med-Peds Physicians as Patient Advocates - Caring for the Underserved.” We hope to highlight the work of Med-Peds physicians across the country who have an interest in and care for all types of underserved patients - both domestically and internationally. All medical students, residents and faculty are welcome and encouraged to attend. The meeting will include poster presentations, case presentations, panels for residents and chief residents, in addition to a keynote presentation over dinner. If you are a medical student, this is a great opportunity to learn more about Med-Peds as a career choice, in addition to meeting residents and program directors from across the country. For residents, this is an excellent time to meet your fellow residents from different programs, discuss issues pertinent to Med-Peds at your own institutions and reconnect with those you met on the interview trail!

The meeting is held the same weekend and in the same city as the American Academy of Pediatrics National Conference and Exposition, so you have the opportunity to attend two great meetings in the same weekend!
Come to the American Academy of Pediatrics (AAP)
National Conference and Exhibition in San Francisco, CA!

Volunteers Needed!!!

The Internal Medicine-Pediatrics (Med-Peds) section of the American Academy of Pediatrics is proud to report that the Physician Health and Wellness (PHW) booth will return to the exhibit hall at the AAP National Conference and Exhibition in San Francisco, CA. The 3 day event will take place this October 22nd-24th 2016 in the exhibit hall of the San Francisco Convention Center (Moscone Center). This program is designed to give individual information and evidence-based education to pediatricians about their own adult health care needs and promote self-wellness amidst their busy lives. Various preventative care topics will be addressed, including age-appropriate cancer screening, cardiovascular health, immunizations, and exercise and burnout. The booth will be staffed by Med-Peds physicians, and is also an excellent opportunity to meet other students, residents, and faculty involved in Med-Peds nationally.

Please consider volunteering 1 or more hours of your time to work in the exhibit hall booth. Submit possible times that you might be available to hddivatia@christianacare.org and afriedland@christianacare.org. We will pair up attending physicians to be with residents and medical students.

Hours of PHW Program

The exhibit hall hours for this year are:

Saturday October 22: 12:15 PM - 4 PM
Sunday October 23: 10 AM - 4 PM
Monday October 24: 10 AM - 2 PM

For any questions, please contact Himani Divatia, D.O. at hddivatia@christianacare.org. We look forward to sharing in this Med-Peds event with you!

Himani Divatia, DO and Allen Friedland, MD, FACP, FAAP

AAP Section of Internal Medicine-Pediatrics, Physician Health and Wellness Committee
I am constantly reminded by how lucky we are to have such a tight knit med-peds community!!!!!!

I look forward to a lot of celebrations in 2017 as “Med-Peds Turns 50” (50 year anniversary as a specialty) including AAP and NMPRA celebration gala in Chicago, Saturday and Sunday September 16 -17, 2017. PLEASE SAVE THE DATES.

I am also mindful as to all the hard work so many of you do voicing your opinions to the American Board of Medical Specialties (ABMS) regarding the application for Pediatric Hospital Medicine specialty status http://www.abms.org/news-events/comment-period-at-abms/. Leaders from all 3 organizations have submitted their concerns and have sent to their membership’s copies for individuals and groups to use and modify.

I am also grateful for the friendships that I have and the ability to rely on my med-peds community when faced with the unexpected loss of members of our med-peds family. Please enjoy every day, love each other and take care of each other.

HAPPY SUMMER.

Allen Friedland, MD, FACP, FAAP
Chair, AAP Section on Med-Peds

P.S. As you all know in 2017 there will be many events at the national meetings to celebrate the 50th anniversary as a specialty.

To this end, I ask that you mail me (at the address below) any small items (t-shirt, mugs, pens, etc.) from your practice or residency program that shows off our “Med-Peds ness.” Any other ideas are welcome.

Allen Friedland
4755 Ogletown-Stanton Road
Ammon Center- Suite 2E70, PO Box 6001
Newark, DE 19718
Resources From the AAP

High Value Care: New Transitions of Care Toolkit

A new Transitions of Care Toolkit designed to assist physicians in transitioning patients from pediatric care to an adult primary or specialty setting of care is now available. Developed by the American College of Physicians (ACP) Council of Subspecialty Societies, with participation from the American Academy of Pediatrics (AAP), multiple medical specialty groups and patient advocacy organizations, the toolkit contains disease/condition-specific tools developed to assist physicians in transitioning young adults with chronic diseases/conditions into adult care settings. Based on the clinical report, “Supporting the Health Care Transition From Adolescence to Adulthood in the Medical Home,” from the AAP, ACP, and American Academy of Family Physicians, the National Health Care Transition Center/Got Transition developed an evidence-informed model, the Six Core Elements of Health Care Transition, which includes free sample tools clinicians can download and implement in their offices. These core elements were used as a basis for the development of the Transitions of Care Toolkit. Click here for more information and to access the Transitions of Care Toolkit.

Please see below for a whole slew of transitions resources broken down into several categories.

Various Ages

- Being a Healthy Adult: How to Advocate for Your Health and Health Care
- Going from Tween 2 Teen: It’s Time to Be More in Charge of Your Health (ages 12-14)
  http://here.doh.wa.gov/materials/tween-2-teen/13_CSHCN-12yr_E11L.pdf
- Your Life, Your Health, Your Way: It’s Time to Be More in Charge of Your Health (ages 15-17)
- Your Future, Your Life (young adults)
- Planning for a Health Transition
- Kentucky Cabinet for Health & Family Services resources

Youth

- Transition to Adult Life On-Line Resource Guide-Champions for Progress
  http://www.spannj.org/transition/TransitionCD/
- Transition Tip Sheets for Teens
- Transition Readiness: Changing Roles for Youth
- Youth Information
  http://www.gottransition.org/youth-information
Resources From the AAP

Families

- Transition checklist for parents
  [http://www.spanadvocacy.org/sites/g/files/g524681/f/files/CaregiverChecklist_RE_0.pdf](http://www.spanadvocacy.org/sites/g/files/g524681/f/files/CaregiverChecklist_RE_0.pdf)

- Transition Readiness: Changing Roles for Families

Professionals

- Transition resources for health practitioners
  [http://www.spanadvocacy.org/sites/g/files/g524681/f/files/Transition%20Resources%20for%20Health%20Practitioners_0.pdf](http://www.spanadvocacy.org/sites/g/files/g524681/f/files/Transition%20Resources%20for%20Health%20Practitioners_0.pdf)

How to Implement Care Coordination in Your Practice

Need help identifying, adapting and implementing tools to support care coordination capacity building and measurement? The National Center for Care Coordination Technical Assistance (NCCCTA) provides technical assistance (TA) on the Pediatric Care Coordination Curriculum, Care Coordination Measurement Tool and the Pediatric Integrated Care Survey. The NCCCTA can also answer individual questions about making care coordination work in your practice. Visit us for more information and links to the above tools. Contact us for TA or questions. Join the NCCCTA Community of Learners listserv.

AAP Policy Update

AAP sections, councils and committees are responsible for the development and review of the policies and practice guidelines that are published. These documents are an integral part of both the practice of medicine and achieving health and well-being of children.

Thank you to all who review and give their feedback!

In the last year, the Section on Med-Peds has reviewed:

- Age Limit of Pediatrics
- Clinical Report on Allergy and Anaphylaxis Emergency Care Plan
- Acute, Non-Emergency Care Services Delivered Outside the Medical Home
- Clinical Tools to Assess Asthma Control in Children
- Physician’s Role in Coordinating Care of Hospitalized Children
- The Unique Developmental and Health Concerns of Adolescents and Young Adults
- Clinical Report on the Breastfeeding Friendly Pediatric Office Practice
University of Illinois in Chicago Center for Global Health Update

The MedPeds Global Health Track is in the exciting yet challenging initial stages of starting a project in Peru. This past April, Dr. Mena (MedPeds attending), Ana Mauro (now a MedPeds intern), and myself (now a 4th year MedPeds resident), had our first visit to several locations in Peru. Our main contact while in Peru was Dr. Vasquez, a Peruvian physician who is well known to UIC COM. He helped establish meetings with potential collaborators in Lima, as well as in Yantalo and Moyobamba, two rural regions that are in great need of improved access to medical care and preventive global health initiatives. Among the people we spoke with, we had the opportunity to meet with Peace Corps Peru. Peace Corps’ model for global health initiatives is what best aligns with our model to collaborate in a project that comes from within the community’s expressed needs, is ethically sound, and sustainable with local infrastructure and personnel.

This trip was an immense learning experience for us. The three of us had always been able to join an already established project, but we had never had the daunting task of establishing a project from the ground. We were challenged by the complexity of having conversations with potential collaborators and stakeholders. However, this in itself was formative experience because in global health, the most crucial aspect is learning how to humbly establish and navigate relationships with the people you are serving and collaborating with. It was difficult to see so much need and yet know that in order to truly make an impact, we would need to focus on one or only several needs that could be effectively intervened on. We were also very moved and inspired by the local physicians, teachers, volunteers, who are currently devoting their lives to these regions with very scant resources. Our longing to make global health a part of our life-long career was once again confirmed. We are eager to move to the second phase of our project, which is to institute our main collaborator, and conduct a needs assessment from which an intervention can be formulated and initiated in the coming months.

Adriana Herrera
Internal Medicine and Pediatrics PGY4 Chief Resident Physician
University of Illinois in Chicago

To keep up with NMPRA and further promote Med-Peds, follow us on Facebook and Twitter. Send any pictures or stories you have to communications@medpeds.org!
Meet the new NMPRA board!

Sarah Scott, MD—President
Sarah is from Bloomington, Indiana, and subsequently believes that every year will be the year that Indiana University will win the NCAA Basketball Tournament - regardless of whether they are good or not (usually not). She made her first trip to Nashville prior to applying for college, and she fell in love with the place and has yet to leave. While an undergraduate, she majored in Neuroscience and minored in being a walk-on cross country and track athlete. Sarah detoured to Ecuador for a year after college, where she worked for a community development non-profit, before returning to Vanderbilt for medical school. She officially became a “Vandy Lifer” when she chose to stay at Vanderbilt for her Med-Peds training, and is grateful for the combination of incredible mentors, adventurous co-residents and endless live music venues. She loves Med-Peds for many reasons including the breadth of clinical experience, opportunity to care for patients in all stages of

Joshua Price, MD—President Elect
Josh is a born and raised native Vermonter (if he can call himself that without the requisite three generations having lived in the state). After high school he opted for a taste of city life and moved just west of Chicago to attend Wheaton College. Life away from New England charm was an adventure but he decided to return home to Vermont to attend the University of Vermont for medical school. While a student he was actively involved with numerous programs including "bedside brainiacs" tutoring pediatric patients, and leading the UVM chapter of the AMA. Despite no knowledge of Med-Peds prior to summer of fourth year, Josh ended up a member of the Med-Peds family at Baystate in Springfield, Mass. He is excited to not only continue Med-Peds' strong tradition of excellence but help to expand its reaches into previously untapped areas of the country. Please feel free to reach out with any ideas or questions you might have about Med-Peds as a specialty and he'll be happy to share why he is so passionate about being a Medicine-Pediatrics trained physician!

Sara Dong, MD—Traditional Secretary
Sara was born and raised in South Carolina. She earned her degree at the University of South Carolina in Chemistry and Chinese Studies (Go Gamecocks!). She then moved to Charleston to complete medical school at the Medical University of South Carolina. She trekked up north from the Palmetto State and is now a proud member of the Ohio State & Nationwide Children's Med-Peds family. Her interests include infectious disease, global health, and all things Med-Peds! She is ecstatic for the opportunity to serve and get to know NMPRA members from around the

Diana Botros, MD—Public Relations Secretary
Diana spent her childhood days in New Jersey before moving to Boca Raton, Florida for high school. She is proud to be a triple 'Cane - she completed her undergraduate and medical degrees at The University of Miami, and is now thrilled to be a resident at The "U"!! Diana speaks Arabic and Spanglish and has an interest in care of the underserved and global health. She loves to travel and has been to six continents - with no intention of ever visiting Antarctica. In her free time she loves running, spinning, cooking, baking, shopping, and eating at Miami’s multitude of delicious restaurants. She is so grateful to be part of the enthusiastic, dedicated, and compassionate Med-Peds family. If you have any questions about Med-Peds, she is happy to answer them!

Sam Wilson, MD— Treasurer
Samuel grew up outside of Chicago, and went on to Northwestern for undergrad. He attend the University of Michigan for medical school and he is in residency in Michigan. His family is from Ghana, Africa.

Matthew Newcomb, MD—Webmaster
Matt was raised outside of Atlanta, Georgia prior to trekking up to North Carolina to attend Duke University for undergrad. He then headed up to Columbus, Ohio to attend The Ohio State University Medical School, and is currently a resident at the University of Cincinnati Med-Peds program. He's excited to work with everyone in NMPRA!
Director of Medical Student Interest Groups and Recruitment: Michael Cafarchio

We are excited for another year of engaging medical students in NMPRA activities and recruiting new medical students to our specialty. For the first time ever, NMPRA now has a medical student subcommittee consisting of 3 outstanding students: Jaya Gupta (Coordinator of Community Service), Austin Wesevich (Coordinator of Interest Groups), and Zachary Pettigrew (Coordinator of Outreach). Together, we are working on organizing our contact information with the various medical student interest groups around the country and helping to create new groups. We are focused on increasing medical student exposure to Med-Peds as an option for residency through these local interest groups and other outlets such as Student Doctor Network. We hope to use the upcoming 50th anniversary of Med-Peds as a platform to rekindle national interest in our specialty and continue to attract the best and brightest candidates.

Director of Community Service and Outreach Perspective: Nupur Agrawal

A deep-rooted passion for supporting underserved members of our communities forms a fundamental and critical component of our work as Med-Peds residents and physicians. Our time together affords us a unique opportunity to participate in group activities that, in addition to enhancing the lives of our patients, help build camaraderie as well. This year, as the NMPRA Director of Community Service and Outreach, I hope to work closely with residents and faculty in Med-Peds programs across the country to build a centrally-available database of local, national, and international community service opportunities in an effort to enhance cross-program collaboration. I also aim to build a second database detailing funding sources (e.g., grants, awards) available to financially support individual and group projects. Most importantly, I look forward to continuing the wonderful tradition that last year’s Director, Dara Farber, started by organizing NMPRA’s 2nd Annual National Service Day in the spring of 2017. It’s a privilege and an honor to be a part of NMPRA and our Med-Peds family, and I can’t wait to work with each and every one of you!

Director of Professional Advancement for the NMPRA: Ryan Halas

Medicine-Pediatrics is a specialty that provides a great variety of practice settings and training opportunities. While the rich diversity within the field is one of the greatest things about it, this can also make it difficult for residents to pinpoint their desired path post-residency. As Director of Professional Advancement for the NMPRA, my goal is to offer guidance and support to current Med-Peds residents while providing information regarding career opportunities. Creating mentoring relationships between current residents and highly successful Med-Peds graduates is one of my main goals for the year. I also plan to partner with national and regional medical associations and conferences in order highlight internal medicine-pediatrics as a field. Creating presentation opportunities for Med-Peds specific cases and topics will help further individual goals as well as our field as a whole. In addition, the medpeds.org Combined Fellowship Guide will continue to be updated with resources for those interested in pursuing subspecialty training in pediatrics and internal medicine. Any suggestions regarding ways to advance individual careers along with the field of Med-Peds as a whole are always welcome.

Director of Healthy Policy and Advocacy: Ravi Shah

This year is sure to be an exciting year for NMPRA on the policy and advocacy front! While we will be continuing on events from years past including annual advocacy days on the hill, we are also developing new projects and opportunities. Starting this year, NMPRA will begin publishing issue briefs and policy statements regarding significant Med-Peds issues including pediatric hospital fellowship, transitional care, and global health. We are also working to create more opportunities for Med-Peds residents to collaborate with the AAP and ACP government relations teams. Additionally, one of our focuses this year will be to ensure adequate Med-Peds representation in the larger bodies of medicine. Please feel free to reach out at advocacy@medpeds.org if you are interested in getting involved or have any questions!
In Memoriam

It is with great sadness that we must announce the unexpected deaths of two beloved members of the MPPDA. Drs. Brendan Kelly and Alex Djuricich both passed away unexpectedly at their respective homes last month. Both Dr. Kelly and Dr. Djuricich were known for their larger than life personalities, their senses of humor, and for their love of teaching students, residents, and faculty.

Dr. Kelly served as the Associate Program Director of the Med-Peds Residency Program at Baystate Medical Center/Baystate Children’s Hospital since 1999. He was an Assistant Professor of Pediatrics and Medicine at the Tufts University School of Medicine and an Adjunct Assistant Professor of Pediatrics at the University of Massachusetts School of Medicine. He was the key faculty member behind an annual Northeast Regional Med-Peds meeting that was informative, entertaining, and served to bring Med-Peds faculty and residents together.

Dr. Djuricich was the Program Director for MedPeds, at IUSM, for 10 years from 2006 through 2016. He was an Associate Professor of Clinical Medicine and Clinical Pediatrics Indiana University School of Medicine. In January of 2016, he was named to serve as Education Editor for the NEJM Group, which oversees the New England Journal of Medicine and other educational products. In this role, he quickly earned the full trust and respect of the editorial board of the NEJM. Before his passing, he had recently relocated back to Indiana for personal reasons and was scheduled to return to IU School of Medicine in July as a primary care provider at the IU Health Epler Parke office.

The contributions of both of these men to the MPPDA was beyond measure. The MPPDA is currently developing ways to honor their memories and to recognize their lasting contributions to Med-Peds.

Sincerely,
The MPPDA Executive Committee

Dr. Brendan Kelly

Dr. Alex Djuricich

MPPDA
Medicine-Pediatrics Program Directors Association